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SPORTS AND EXERCISE FREE Lifetime

Conversation Cheat Sheet

Create Your Account

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Sports and Activities

What sports do you like?

Do you like to work out?



I like ~.

Yes./No.

4. golf

1. ice skating	2. archery	3. baseball
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5. weightlifting	6. track and field	7. bowling	8. tennis

9 vollevhall	10 badminton	11 haskethall	12 soccer

Being a Winner



first place

second place

third place

gold medal

silver medal

bronze medal

winner

loser

Going to the Gym

gym

to go to the gym

to exercise

gym member

warm-up exercise

stretching

to sweat

towel



shower

scale

to gain weight

to lose weight





walking

running

treadmill

bike

jumping

weight training

yoga

pilates

dancing

strength training

machine

dumbbell

Body Parts

abs

arm

shoulder

chest



knee

back

thigh

calf